

16. Human resource development through education

1. Overview

In order to foster five prioritized mindsets for children such as "Volunteer spirit", "Understanding for the people with impairments", "Aspiration for sports", "Self-awareness and pride as a Japanese citizen", and "Rich international senses", we promote four action programs such as "Tokyo Youth Volunteers", "Smile Project", "Dream and Future Project", and "Global Friendship Project".

For the realization of an inclusive society, we promote the understanding for the people with impairments through education and foster a volunteer spirit, including the attitude of caring for others and the spirit of mutual assistance. In addition, in order to develop international human resources who can play active roles in the global society, we promote cross-cultural understanding and international exchange, and help people improve their English language skills as well as develop education to cultivate self-awareness and pride as a Japanese citizen.

2. Legacy in a nutshell

Through experiences and activities related to the Olympic and Paralympic education, an irreplaceable legacy that will serve as nourishment for life will be left in the mind and body of each child.

At each school, with utilizing the accumulated know-how, etc., initiatives such as comprehension of diversity, international exchange, understanding of traditions and cultures, and volunteering will develop as a part of long-lasting educational activities after the Games.

Furthermore, initiatives such as fostering of volunteer spirit and understanding for the people with impairments will be spread not only to children but also to families and local adults with the aim of forming an inclusive / mutual assistance society.

Stakeholders	School boards in municipalities, the Tokyo 2020 Organizing Committee, JOC, private school-related organizations, etc.
Type of legacy	Culture & Education
Geographical scope	Tokyo
Timing scope	Long term
Responsible for implementation	TMG
Source of legacy	Candidature file, Action Plan for 2020, Future Tokyo:

	Tokyo's Long-Term Strategy
Associated SDGs	4- Quality Education

3. Development

(1) Why

As globalization advances in various fields such as academics, culture, and economy, in order for Tokyo to develop in the future, it is necessary to realize an inclusive society.

To that end, it is important for children living in the coming era to acquire rich international senses, including the ability to solve problems while cooperating and collaborating with people with diverse values, the attitude of proactively communicating with foreigners, and their own identity as a Japanese person. Since school education generally emphasizes something in common with the spirit of Olympism, such as friendship, solidarity, and mutual understanding based on the spirit of fair play, we decided to disseminate it as a part of the Olympic and Paralympic education in Tokyo.

(2) When

FY2014	The "Meeting of Experts to Consider the Olympic and Paralympic Education in Tokyo" was established *Established to consider the basic philosophy, direction, and specific measures of TMG's initiatives related to education, in anticipation of the hosting of the Tokyo 2020 Olympic and Paralympic Games
	300 Olympic Education Promotion Schools were designated
FY2015	600 Olympic and Paralympic Education Promotion Schools* were designated, and the Olympic and Paralympic education was tried out as an experiment
	The "Implementation Policies for the 'Olympic and Paralympic Education in Tokyo'" were formulated *Formulated to develop the Olympic and Paralympic Education in Tokyo at all schools in Tokyo, in response to the final recommendation of the "Meeting of Experts to Consider the Olympic and Paralympic Education in Tokyo"
FY2016	The "Olympic and Paralympic Education in Tokyo" launched at full scale at all public schools in Tokyo (about 1 million students at some 2,300 schools) Promoted four projects

FY2017	<ul style="list-style-type: none"> • Started presenting Olympic and Paralympic Education Award (Project promotion) • Established “Tokyo Youth Volunteer Bank” • Started designating Paralympic Games Supporting Schools (Sports association partnership) • Expanded the number of schools undertaking the Dream and Future Project • Promoted exchange with embassies • Started School Action “Mottainai” Project <p>and others</p>
FY2018	<ul style="list-style-type: none"> • Started presenting Olympic and Paralympic Education Award (Environment) • Hosted “Volunteer Summit for Tokyo metropolitan high school students” • Implemented parasports experience exchanges in cooperation with disaster areas, etc. <p>and others</p>
FY2019	<ul style="list-style-type: none"> • Started designating Paralympic Games Supporting Schools (Promotion of spectating) • Started Boccia Exchange Promotion Project • Started designating schools to implement Cultural Program/School Collaboration Project <p>and others</p>
FY2020	Continued implementing Olympic and Paralympic education at each school by offering online classes and video distribution programs while taking measures to prevent the spread of COVID-19

(3) Who

TMG

(4) How

[Outline of the Olympic and Paralympic Education in Tokyo]

<4 x 4 Initiatives*>^[1]

After the following four themes are established, various initiatives combining four actions for each are implemented.



<Five prioritized mindsets that should be fostered intensively>

The following qualities should be fostered intensively in forging ahead with "4 x 4 Initiatives".

① Volunteer spirit

Foster the willingness to contribute to society and spirit of caring for others, while enhancing children's self-esteem

② Understanding for the people with impairments

Instill the respect for diversity, and barrier-free spirit for understanding of impairments into children

③ Aspiration for sports

Develop the spirit of fair play and teamwork, and grow children into a physically and mentally healthy person

④ Self-awareness and pride as a Japanese citizen

Have children fully understand the goodness of Japan and Tokyo, and learn to acquire norms, public-mindedness, etc.

⑤ Rich international senses

Develop an attitude to proactively communicate with people all over the world and foster the ability to accept global diversity

[1] Implementation Policies for the "Olympic and Paralympic Education in Tokyo" [Overview] (TMG)

<Four action programs>

In order to develop "five prioritized mindsets that should be fostered intensively", the following projects are promoted.

● **Tokyo Youth Volunteer**

Initiatives for children to nurture the spirit of voluntary social service and caring for others at each school through implementation of volunteer activities according to the stage of development

● **Smile Project**

Initiatives for children to deepen their understanding of personality and individuality with each other and develop the spirit of caring for others

● **Dream and Future Project**

Initiatives for children to cultivate motivation to make efforts toward dreams and overcome difficulties while realizing the greatness of the Olympic and Paralympic Games and raising the interest in sports through direct interaction with Olympians, etc.

● **Global Friendship Project**

Initiatives for children to learn about a wide range of countries and regions scheduled to participate in the Tokyo 2020 Games and engage in actual international exchange

- We provide opportunities to learn through hands-on experiences and activities, including volunteer activities and watching competitions.
- We provide children who cannot come to the competition venues due to an illness or impairment with opportunities to enjoy real-time viewing of the Games by utilizing cutting-edge technology.
- We create opportunities to enjoy a wide range of excellent culture and arts.
- We improve motivation and promote dissemination by recognizing outstanding initiatives at each school through the Olympic and Paralympic Education Awards.
- We establish a coordinating office that connects each school with external institutions and organizations, and assists each school to work on a wide variety of educational programs.

① Volunteer spirit

- We establish a system to promote proactive volunteer activities by junior and senior high school students in order to nurture the spirit of voluntary social service and caring for others. (Tokyo Youth Volunteer)
- Based on the Volunteer Declaration set forth by students at the Volunteer Summit in which all metropolitan high schools participated, each school organized their volunteer support team to continue with their volunteering activities after the Olympic and Paralympic Games. The aim is to foster the spirit of volunteerism among students and encourage them to spontaneously participate in a wide range of social contribution activities in their local communities and companies after they graduate. (Tokyo Youth Volunteer)

<Volunteer spirit> [2]



② Understanding for the people with impairments

- We promote the dissemination of parasports by holding "Parasports Exchange Events among Public Schools in Tokyo" through cooperation between special support schools and elementary, junior, and high schools, designating Paralympic Games Supporting Schools, and offering parasports leader training workshops. (Smile Project)
- We promote exchange through parasports between junior high school students in disaster areas who visit Tokyo on school excursions, etc., and students at public junior high schools in Tokyo (Smile Project)

<Understanding for the people with impairments> [3]



③ Aspiration for sports

- Through exchange with Olympians, Paralympians, etc., dispatched to schools, we allow children and students to cultivate motivation to make efforts toward self-actualization and overcome difficulties through contact with athletes' ideas and life styles. (Dream and Future Project)

<Aspiration for sports> [4]



[2] [3] [4] Future Tokyo: Tokyo's Long-Term Strategic Vision (TMG)

④ Self-awareness and pride as a Japanese citizen

- We provide opportunities for children and students to interact with foreigners at local events, etc. and introduce Japanese culture. (Global Friendship Project)
- We invite experts to public schools to promote education about Japanese history, tradition, and culture.

<Self-awareness and pride as a Japanese citizen> [5]



⑤ Rich international senses

- We create opportunities for children to learn and experience the countries and regions scheduled to participate in the Games, and foster the spirit of cross-cultural understanding and mutual recognition. (Global Friendship Project)
- In order to promote international exchange, we established an international exchange concierge to provide careful support according to the needs of each public school.

<Rich international senses> [6]



(5) Benefits

By disseminating the "4 x 4 Initiatives" to all public schools in Tokyo and promoting the Olympic and Paralympic education, the number of junior and senior high school students who are proactively involved in volunteer activities will increase, so that the awareness and attitude to respect diversity and international senses will be fostered for each child, which will contribute to the international society, and human resources who will be responsible for further development in Tokyo and Japan will be nurtured. The know-how accumulated at each school will be utilized to develop the initiatives as a part of long-lasting educational activities after the Games. In addition, spreading the initiatives to the home and the local community will lead to the formation of an inclusive / mutual assistance society.

4. Facts and figures

Promotion of initiatives based on 4 Themes x 4 Actions(including	<ul style="list-style-type: none"> • Olympic and Paralympic Education Promotion Project (at all public schools) • Designation of Olympic and Paralympic Education Award schools (180 schools)
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[5] [6] Future Tokyo: Tokyo’s Long-Term Strategic Vision (TMG)

Four action programs)	<ul style="list-style-type: none"> • Delivery of the Parasports Exchange Games for metropolitan public schools / designation of Paralympic Games Supporting Schools (50 schools) • Parasports leader training workshops (14 times) • Implementation of the Dream and Future Project (at 300 public schools and 15 private schools) • School Action "Mottainai" Project (at all public schools) • Implementation of parasports experience exchanges in cooperation with disaster areas, etc. • Implementation of Boccia Exchange Promotion Project (2 districts) • Implementation of Cultural Program/School Collaboration Project (173 schools)
Increase of senior and junior high school students who actively engage in volunteer activities (registration to "Tokyo Youth Volunteer Bank")	Approx. 179,000 people in total at 573 schools (established as a school-based registration system)

*Achievements as of FY 2019

5. Explanation of Terms

Olympic and Paralympic Education Promotion School	A school designated by TMG to deal with learning about the Olympic and Paralympic spirit, sports-related activities, education for international understanding and international exchange, inheritance of Japanese traditions and cultures, understanding of sports for people with impairments, etc.
4 x 4 Initiatives	Various initiatives that combine the four actions of "Learn (know)", "Watch", "Play (experience and exchange)", and "Support" on the four themes including "The spirit of the Olympic and Paralympic Games" and the three pillars of the Olympic Movement: "Sports", "Culture", and "Environment".

	This serves as a basic framework for the Olympic and Paralympic education in Tokyo
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6. References

- Towards 2020 –Building the Legacy- (PR Edition)
- Towards 2020 –Building the Legacy - (Main Part)
- New Tokyo. New Tomorrow. –The Action Plan for 2020-
- Strengthening of Policies to Realize the "Three Cities" (FY2018)
- Strengthening of Policies to Realize the "Three Cities" (FY2019)
- Strengthening of Policies to Realize the "Three Cities" (FY2020)
- Future Tokyo: Tokyo's Long-Term Strategy
- Implementation Policies for the "Olympic and Paralympic Education in Tokyo"