



Games of the XXXII Olympiad

Tokyo 2020 Paralympic Games

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TOKYO METROPOLITAN GOVERNMENT

Message from the Governor of Tokyo



The Olympic and Paralympic Games Tokyo 2020 and the intense competitions that unfolded moved and gave courage to people around the world. Even now, the excitement I felt from witnessing the powerful performances of the athletes remains fresh in my mind.

Despite the unprecedented circumstances of a one-year postponement and the absence of spectators due to the COVID-19 pandemic, with the help of many people, we were able to overcome these difficulties and host the Games. It was a great honour to be recognised by the world that “only Tokyo could stage the Games under such circumstances.” I would like to express my heartfelt gratitude to the people of Tokyo and Japan, and all stakeholders for your tremendous support and cooperation.

Ever since I was handed the Olympic flag and the Paralympic flag in Rio de Janeiro in 2016, we devoted our entire resources to preparing for the Tokyo Games. As a result, in 2021, we were able to hand over the flags to Paris. Looking back now, this all took place within a very short period of time. Nevertheless, I believe the time spent by so many people working towards the big goal of successfully delivering the Olympic and Paralympic Games has left countless legacies in Tokyo, in our hearts, and in our future.

We sensed the exciting future awaiting us through advancements towards the realisation of an inclusive society that were made by the Paralympic Games, the roadmap to a sustainable society demonstrated in situations throughout the Games, and the application of cutting-edge technologies.

Tokyo has entered the stage in which the legacy of the Games must be firmly established and taken to further heights. In order to transform our invaluable experience into a force for further development of cities, the history of the Tokyo Games will be passed onto the future.

I would like to conclude this message by once again expressing my gratitude to all who were involved with the Olympic and Paralympic Games Tokyo 2020.

March 2023

A handwritten signature in black ink, which appears to be 'Koike Yuriko'. The signature is fluid and cursive, with a long horizontal stroke at the end.

KOIKE Yuriko
Governor of Tokyo

Message from the President of the Tokyo Metropolitan Assembly



The Olympic and Paralympic Games Tokyo 2020 were held after a one-year postponement due to the COVID-19 pandemic. Thorough measures to prevent the spread of infection were taken, such as having no spectators present at almost all the venues. This allowed us to successfully host a celebration of sport that will go down in history, full of drama and excitement.

The success of the Tokyo Games, which was held under numerous restrictions, was only possible through the support and cooperation of the people of Tokyo, local communities, businesses, municipalities, volunteers, and all other stakeholders. On behalf of the Tokyo Metropolitan Assembly, I would like to express my heartfelt gratitude to you all.

On a personal note, 23 July, the day of the Opening Ceremony of the Olympic Games, was also the first day of my term as President of the 21st Tokyo Metropolitan Assembly. I remember how deeply moved I was by the ceremony, which I attended in this position. Many new world records and Japanese records were set during the Games. The Japanese athletes also responded to the great support they received with fantastic performances, including winning 58 medals in the Olympics, their most ever, and 51 medals in the Paralympics. They reminded us all of the wonder of sport.

Tokyo was also the first city in the world to host the Summer Paralympic Games for the second time. The constant efforts of the Para athletes to go beyond their limits were a beacon of courage and hope for not only Japan, but the entire world, and allowed us to take a significant step towards the realisation of an inclusive society.

The Tokyo Metropolitan Assembly also worked closely with the host city of Tokyo to realise the holding of the Games. Proactive efforts taken included holding discussions by establishing a special committee, adopting resolutions to support Tokyo's Olympic and Paralympic bid and to ensure the success of the Games, and establishing a multi-partisan association of assembly members that sought cooperation for Tokyo's bid by visiting the other 46 prefectural assemblies across Japan and collecting signatures from various organisations. The Tokyo Metropolitan Assembly will continue to develop the legacy of the Tokyo 2020 Games and dedicate all efforts to realising a society full of diversity and harmony where everyone respects and accepts each other's personality and individuality.

I would like to again express my appreciation to all those who helped to make the Tokyo 2020 Games possible.

March 2023

三宅 茂樹

MIYAKE Shigeki
President of the Tokyo Metropolitan Assembly

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Special Notes Relating to Terminology and Abbreviations

Terminology and Abbreviations

Official Designation	Abbreviation
Olympic and Paralympic Games Tokyo 2020	Tokyo 2020 Games Tokyo 2020
Games of the XXXII Olympiad	Olympic Games Tokyo 2020
Games of the XVIII Olympiad	Tokyo 1964 Games
The Tokyo Organising Committee of the Olympic and Paralympic Games	Tokyo 2020 Organising Committee Organising Committee
Tokyo Metropolitan Government	TMG
International Olympic Committee	IOC
International Paralympic Committee	IPC
Japanese Olympic Committee	JOC
Japanese Paralympic Committee	JPC
National Olympic Committee	NOC
National Paralympic Committee	NPC
International Federation	IF
National Federation	NF
International Broadcasting Centre	IBC
Main Press Centre	MPC
City Operation Centre	COC
Transport Operation Centre	TROC
Main Operation Centre	MOC
Tokyo Media Centre	TMC

Terminology and Reference Page

Terminology	Reference Page
Last Mile	P. 139 Chapter 2 City Operations
City Cast	P. 181 Chapter 2 Volunteering
Live Site	P. 212 Chapter 2 Live Sites, City Dressing and Spectaculars

Special Note

Positions and titles in the text are as they stood at the time.

