

## Boccia

Athletes compete for how close they can throw balls to a white target ball, or jack. The highlight of the sport is how a game develops, involving intelligent strategies and polished techniques.

### Rules:

Players throw or roll six red and blue balls per end as close as they can to the jack.

The sport features three events: individual (one-on-one), pair (two-on-two) and team (three-on-three) games, where men and women compete together. Individual and pair games consist of four ends, while team games are played over six ends.

### Classification:

Athletes with a high level of impairment including paralysis of all four limbs and the trunk are eligible for the Tokyo 2020 Paralympic Games. A total of seven events are held.

### Column:

The elaborate strategies and accurate shots fascinate spectators!

In recent years, boccia has been attracting attention as a sport that can be enjoyed by both men and women of all ages, regardless of whether they have any impairments. Meanwhile, top athletes who compete in the Paralympic Games demonstrate their surprising concentration and technical skills, including strategies to predict the moves of their opponent and shots made with such accuracy that they seem able to pass through the eye of a needle. Boccia has an endless number of strategies; even a shot that you may think was a mistake can actually be an important part of the strategy.

### Trivia:

Players can use their own ball sets in boccia. They select different balls according to the nature of their impairment and their own style of play.

### Venue:

At the Tokyo 2020 Paralympic Games, boccia will be held at Ariake Gymnastics Centre.