

Let's Go
Watch the Games!

TOKYO
METROPOLITAN
GOVERNMENT

Tokyo 2020 Paralympic Games


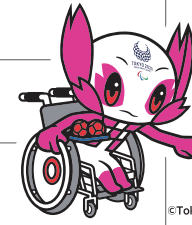
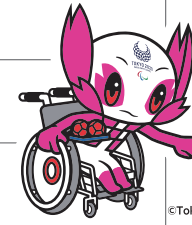


©Tokyo2020

The Tokyo 2020 Paralympic Games will be held from 25 August to 6 September 2020. Please watch and enjoy all 22 sports at the Paralympic venues over 12 days of intense competition.



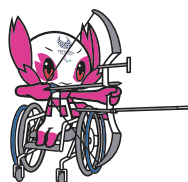
Tokyo 2020 Paralympic Games Competition Schedule

Sport			Venue	Ticket Price Band*	8.25 Tues	8.26 Wed	8.27 Thurs	8.28 Fri
Opening Ceremony/ Closing Ceremony			Olympic Stadium	JPY 8,000-150,000	Opening Ceremony 20:00-23:00	Session tickets not for sale		
1	Archery		Yumenoshima Park Archery Field	JPY 1,800-2,400	The unique tension of arrows released under intense concentration. The arrows fly towards their tiny targets thanks to refined competitive style and outstanding willpower!			<div>M F</div> <div>9:00-12:00</div> <div>M F</div> <div>14:00-17:00</div>
2	Athletics	Track & Field	Olympic Stadium	JPY 2,000-6,500	<div>A hundredth of a second, or just 1 cm, can decide the difference between winning and losing. Watch the focus and dynamism of athletes as they push their limits!</div> 			<div>M F</div> <div>9:30-13:00</div> <div>M F</div> <div>19:00-22:00</div>
		Marathon		JPY 2,000-3,200				
3	Badminton		Yoyogi National Stadium	JPY 1,600-3,200				A new sport making its debut at technical and detailed strategies
4	Boccia		Ariake Gymnastics Centre	JPY 1,200-3,200				The Japanese team were silver medalists in this event at the Rio Paralympics. The sport has similarities to bowls, boules and petanque, watch out for strategy and well-practiced skills!
5	Canoe		Sea Forest Waterway	JPY 900-2,000				
6	Cycling	Track	Izu Velodrome	JPY 2,000-3,200		<div>M F</div> <div>10:00-15:25</div>	<div>M F</div> <div>10:00-16:40</div>	<div>M F</div> <div>10:00-16:30</div>
		Road	Fuji International Speedway	JPY 1,400-2,000			Hand cycles, tricycles, two-wheel the full impact of athletes battling	

*Ticket price band is for General Admission and for tickets sold within Japan. There are also Wheelchair User Tickets. Please note that the sport schedule

Archery

In Paralympic archery, athletes shoot from a distance of 50 or 70 m to score points. At the Tokyo 2020 Paralympics, athletes with physical impairments are eligible to compete using different styles depending on the impairment. For example, an athlete with an arm impairment can pull the string with their mouth or support the bow with their feet. The key thing to watch in this sport is the intense concentration of the athletes as they shoot arrow after arrow within 30 seconds (individual event) or 20 seconds (mixed event).



©Tokyo2020



©Photo Kishimoto

Athletics

In the athletics programme there are a number of different events, such as those that take place on a track in a stadium. These include the 100 m sprint and relay races. It also includes field events like the long jump and shot put, and road events such as the marathon. At the Tokyo 2020 Paralympics, athletes with physical, visual, and intellectual impairments are eligible to compete. Across a total of 168 events, athletes are divided into detailed categories according to the type and extent of their impairment.



©Photo Kishimoto

Badminton

Badminton is making its Paralympic debut at the Tokyo 2020 Games using the same format as Olympic athletes who must hit a shuttlecock over the net. The highlight of this sport is tactical and strategic attacks that employ skillful shots and fast back-and-forth rallies. At the Tokyo 2020 Paralympics, athletes with physical impairments are eligible to compete. These athletes are divided into 2 categories (wheelchair and standing).




©2018 Japan Para-Badminton Federation

Note) Competition schedule is subject to change.

M Male **F** Female **MIX** Mixed

 Medal Session
Including finals and gold medal games

8.29 Sat	8.30 Sun	8.31 Mon	9.1 Tues	9.2 Wed	9.3 Thurs	9.4 Fri	9.5 Sat	9.6 Sun
								Closing Ceremony 20:00-23:00
M 9:00-14:00	F MIX 9:00-13:55	F 9:00-13:25	M 9:00-13:25		F 10:00-14:00	M 10:00-14:00	MIX 10:00-12:40	
MIX 17:00-21:25	MIX 17:00-20:05	M 17:00-20:25	F 17:00-20:25		F 17:00-19:25	M 17:00-21:25	MIX 17:00-20:05	
M F 9:30-13:00	M F 9:30-13:00	M F 9:30-13:00	M F 9:30-13:00	M F 9:30-13:00	M F 9:30-13:00	M F MIX 9:30-13:00	M F 9:30-13:00	
M F 19:00-22:00	M F 19:00-22:00	M F 19:00-22:00	M F 19:00-22:00	M F 19:00-22:00	M F 19:00-22:00	M F MIX 19:00-22:00	M F 19:00-22:00	
								M F 6:30-11:00
the Tokyo 2020 Games. Different play types depend on class. See that use accurate shots and fast back and forth rallies!				M F MIX 18:00-22:00	M F MIX 9:00-21:00	M F MIX 9:00-21:00	M F MIX 9:00-21:00	M F MIX 9:00-14:00
MIX 9:30-14:20	MIX 9:30-14:20	MIX 9:30-14:20	MIX 9:30-14:20	MIX 9:30-13:25	MIX 9:30-12:55	MIX 9:30-12:55	MIX 9:30-13:50	
MIX 16:00-20:50	MIX 16:00-20:50	MIX 16:00-20:50	MIX 16:00-19:45	MIX 15:05-19:35	MIX 14:25-19:45	MIX 14:25-19:35	MIX 15:20-21:05	
The key to winning is a sense of balance and polished paddling skills. It is amazing to see the athletes pushing through the currents of the water!					M F 9:30-11:40	M F 9:30-12:10	M F 9:30-12:30	
M F MIX 10:00-13:15								
bicycles, and tandem bicycles are used. Feel it out as they pedal to the limit at top speed!			M F 8:00-17:15	M F 9:30-17:05	M F MIX 9:30-16:45	M F 9:30-17:00		

is based on Japanese time. Please visit the Tokyo 2020 Paralympics Official Ticket Website detailed on page 11 for further details on ticketing and events.

Boccia

In this sport, athletes compete to get their balls as close as possible to a white target called a jack. The highlight of this sport, which has similarities to bowls, boules and petanque, is how games progress with intelligent strategies and well-practiced techniques. At the Tokyo 2020 Paralympics, athletes with severe impairments, such as quadriplegia or body paralysis, are eligible to compete. There are a total of 7 events.

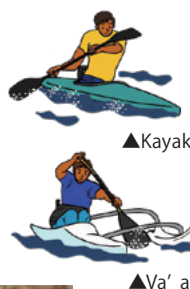


©Photo Kishimoto

Canoe

Canoeing had its Paralympic debut at the Rio 2016 Games in the form of kayaking, and at the Tokyo 2020 Games an additional event of Va' a will make its first appearance. The main features of this sport are the speed and strength of the athletes aiming to reach the end of a 200m straight-line course.

At the Tokyo 2020 Paralympics, athletes with lower limb impairments are eligible to compete. Athletes are divided into 3 groups, L1, L2 or L3, depending on their impairment (a major impairment would place an athlete in L1).



Courtesy of the Japan Para Canoe Association









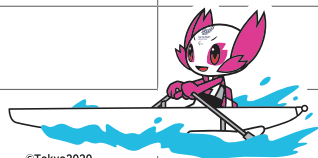
Cycling

There are two categories for this sport: Road, using outdoor roads, and Track, which takes place in a velodrome. This exciting sport features athletes pedaling to their limits at speeds of 60 km per hour right in front of spectators. At the Tokyo 2020 Paralympics, athletes with physical and visual impairments are eligible to compete, and may ride different bikes according to four impairment classifications.



Courtesy of the Japan Para-Cycling Federation

Tokyo 2020 Paralympic Games Competition Schedule

Sport	Venue	Ticket Price Band*	8.25 Tues	8.26 Wed	8.27 Thurs	8.28 Fri
7 Equestrian	Equestrian Park	JPY 1,400-2,000			MIX  15:00-22:30	MIX  15:00-22:20
8 Football 5-a-side	Aomi Urban Sports Park	JPY 1,800-5,000	Relying on the voice of a guide, players go for the ball using just its sound and shoot for their opponent's goal with sharpened senses! Powerful offenses and defenses at the edge of the pitch are really exciting!			
9 Goalball	Makuhari Messe Hall C	JPY 900-2,800		M F 9:00-11:45	M F 9:00-11:45	M F 9:00-11:45
				M F 13:15-16:00	M F 13:15-16:00	M F 13:15-16:00
				M F 17:30-21:45	M F 17:30-21:45	M F 17:30-21:45
10 Judo	Nippon Budokan	JPY 2,000-5,000				M F 10:30-13:30
						M F  16:00-18:30
11 Powerlifting	Tokyo International Forum	JPY 1,400-2,000			M F  11:00-14:30	M F  11:00-14:30
					M F  16:30-20:00	M F  16:30-20:00
12 Rowing	Sea Forest Waterway	JPY 900-2,400				M F MIX 9:30-12:10

*Ticket price band is for General Admission and for tickets sold within Japan. There are also Wheelchair User Tickets. Please note that the sport schedule

Equestrian

This is the only sport that involves animals. The rider and horse become one, and they stun spectators with their performance, which include various kinds of riding and demonstrations of form while moving around a course in the arena set out using markers.

Five referees give marks out of 10 for the horse and rider's performance in each phase, and the total score determines the winner. The referees make their judgements based on the accuracy, vigor and beauty of the horse's movements. At the Tokyo 2020 Paralympics, athletes with physical and visual impairments are eligible to compete.



©Photo Kishimoto

Football 5-a-side

In this sport athletes wearing blackout masks follow the sound of the ball, and compete in exciting matches as athletes rely on the voice of a guide to get to their opponent's goal.

One team has five players (four outfield players and one goalkeeper) and each half of the match lasts 20 minutes. When a player moves towards an opponent who has the ball they shout 'voy!' (Spanish for 'I go').



©Photo Kishimoto

Goalball

In this team sport, players with visual impairments roll a ball that has a bell inside to score points. The draw of this sport is the back and forth defense and offense which develops using non-visual senses, such as listening to the bell of the ball and the sounds of the opposing players.

At the Tokyo 2020 Paralympics, athletes who meet the below classification criteria are eligible to participate. However, during the game itself, all players are blindfolded using eyeshades.

Class	Eligibility
B1	Athletes with very low visual acuity and/or no light perception, and who are unable to recognize any objects at any distance and in any direction.
B2	Athletes who are able to recognize the form of a hand and have less than 0.03 visual acuity. Also, athletes with a visual field of less than 5 degrees.
B3	Athletes with visual acuity from 0.03 to 0.1, and a visual field of less than 20 degrees.

*Visual acuity is prioritized over visual field.


















©Ryo/CHIKAWA/Japan Goalball Association



Note) Competition schedule is subject to change.

M Male **F** Female **MIX** Mixed

 Medal Session
Including finals and gold medal games

8.29 Sat	8.30 Sun	8.31 Mon	9.1 Tues	9.2 Wed	9.3 Thurs	9.4 Fri	9.5 Sat	9.6 Sun		
MIX  17:00-21:50	MIX  18:00-20:35	MIX  15:30-22:35	Riders and horses breathe as one as they compete to create an accurate and beautiful performance. Winning or losing entirely depends on the relationship between the rider and the horse!							
	M 9:00-13:00	M 9:00-13:00	M 9:00-13:00		M 9:00-13:00		M 11:30-13:00			
	M 16:30-18:00	M 16:30-18:00	M 16:30-18:00		M 16:30-18:00		M  17:30-19:35			
	M 19:30-21:00	M 19:30-21:00	M 19:30-21:00		M 19:30-21:00					
M F 9:00-11:45	M F 9:00-11:45	M F 9:00-11:45	M 13:15-16:15	F 13:15-16:15	M F 13:15-16:15	M F 13:15-16:15	The women's Japanese national team won their first gold at the London Games. In silence, the senses of the players become sharper as they listen for the sound of the ball. This can quickly end in fierce moments of battle.			
M F 13:15-16:00	M F 13:15-16:00	M F 13:15-16:00	M 17:45-20:45	F 17:45-20:45	M F 17:45-20:45	M F  17:45-21:55				
M F 17:30-21:45	M F 17:30-20:15	M F 17:30-20:15								
M F 10:30-13:30	M F 10:30-14:00	As the athletes have to grip each other from the beginning, from the start they don't need to try to gain handholds. As the match progresses, it all comes down to landing that Ippon winning move. Keep a watchful eye for thrilling moves!		 ©Tokyo2020						
M F  16:00-18:30	M F  16:30-19:40									
M F  11:00-14:30	M F  11:00-14:30	M F  11:00-14:30	The world record in the heaviest class is over 300 kg! This is a dramatically tense and exciting sport with everything being decided within 3 seconds!							
M F  16:30-20:00	M F  16:30-20:00	M F  16:30-20:00								
M F MIX 9:30-12:10	M F MIX  9:30-12:20	These races really gain in excitement as athletes must correctly read the waves and wind. The last dash for the remaining 500 meters can really come down to the wire!								

is based on Japanese time. Please visit the Tokyo 2020 Paralympics Official Ticket Website detailed on page 11 for further details on ticketing and events.

Judo

In Paralympic Judo, athletes with different visual impairments, such as blindness or poor vision, compete within the same weight category. One feature that differs from Olympic Judo is that both athletes grip each other's sleeve and lapel at a predetermined position before the match starts. Also, it is different from Olympic Judo in how the athletes grapple each other. Spectators are treated to a developing match of strength and skill aiming for Ippon right from the get-go. Judo at the Tokyo 2020 Paralympics is for athletes with a visual impairment, but just like Olympic Judo the athletes are divided by weight rather than the degree of impairment.



Courtesy of the Japan Judo Federation for the Visually Impaired

Powerlifting

Powerlifting has been an official Paralympic sport since 1964. Athletes with physical impairments to their lower limbs compete to bench-press heavy barbells using just their upper body. Lifting the bar takes just 3 seconds, but in those few seconds the concentration and mental power of the athlete is more astounding than their upper body strength. In recent years, athletes from as many as 110 countries have competed in this sport. For the Tokyo 2020 Paralympics, athletes with lower limb impairments and/or of a short stature (less than or equal to 145 cm (males) or 140 cm (females)) may compete.



Photo : Hiroki Nishioka
Courtesy of the Japanese Para Powerlifting Federation





































Rowing

In this sport, rowers begin with the blast of a starting signal, and the winner and runner-ups are decided by when the bow of the boat crosses the finish line. Single sculls (one rower) is a competition of individual skill and physical strength, while double sculls (two rowers) and coxed four (four rowers plus coxswain) also get points on teamwork. Athletes in this sport compete on a straight-line 2,000 m course. At the Tokyo 2020 Paralympics, athletes with physical and visual impairments are eligible to compete.



©Photo Kishimoto

Tokyo 2020 Paralympic Games Competition Schedule

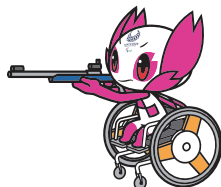
Sport		Venue	Ticket Price Band*	8.25 <small>Tues</small>	8.26 <small>Wed</small>	8.27 <small>Thurs</small>	8.28 <small>Fri</small>
13	Shooting	Asaka Shooting Range	JPY 1,800-2,400	This is a real survival game for gold, with victory or defeat being athletes. Right until the last shot, you can' t take your eyes off the			
14	Sitting VolleyBall	Makuhari Messe Hall A	JPY 1,400-2,000	This sport features a series of strategic plays using a combination of moves. Keep an eye out for fast-paced and furious rallies on smaller courts!			 10:00-11:30
						 14:00-15:30	
						  18:30-22:00	
15	Swimming	Tokyo Aquatics Centre	JPY 2,000-7,000		  9:00-11:45	   9:00-11:25	  9:00-11:10
					   17:00-21:05	    17:00-20:35	   17:00-20:30
16	Table Tennis	Tokyo Metropolitan Gymnasium	JPY 1,400-2,800		  9:00-14:20	  9:00-14:20	  9:00-14:20
					  16:00-22:00	  16:00-22:00	  16:00-22:00
17	Taekwondo	Makuhari Messe Hall B	JPY 900-2,000				
18	Triathlon	Odaiba Marine Park	JPY 1,400-3,000				

*Ticket price band is for General Admission and for tickets sold within Japan. There are also Wheelchair User Tickets. Please note that the sport schedule

Shooting

In this sport, athletes compete to get the best total score from shooting a target with firearms such as a rifle or pistol. Shooting in competition takes well-honed skill and an incredible amount of concentration, and even a beating heart can blur one's aim. In recent years, there have been many high-level competitions with athletes achieving close to perfect scores due to improvements in the skill of the athletes and the performance of the guns they use.

At the Tokyo 2020 Paralympics, athletes with physical impairments are eligible to compete.



©Tokyo2020



©Photo Kishimoto

Sitting Volleyball

Sitting volleyball is a six-player team sport where athletes sit on the court. Athletes must then stay sitting throughout the match. The athletes move around the court by sliding around using their arms. However, if they fail to keep their buttock in contact with the ground during play, it is called a 'lifting' foul.

While the ball is a standard volleyball, the court is smaller than a standard one and the net is placed lower.

At the Tokyo 2020 Paralympics, athletes with upper and lower limb physical impairments are eligible to compete.



Courtesy of the Japan Para-Volleyball Association

Swimming

Paralympic swimming is a historic sport that has been held at every Paralympics since the first Games in 1960. Athletes can swim using their whole body, depending on their impairment. The unique swimming styles of this sporting event really embodies the Paralympic spirit of "using what you have," and is absolutely brilliant to watch.

At the Tokyo 2020 Paralympics, athletes with physical, visual and intellectual impairments are eligible to compete. Across 146 events, they are divided into detailed categories according to the type and extent of their impairment.



©Tokyo2020



©Photo Kishimoto

Note) Competition schedule is subject to change.

M Male **F** Female **MIX** Mixed

Medal Session
Including finals and gold medal games

8.29 Sat	8.30 Sun	8.31 Mon	9.1 Tues	9.2 Wed	9.3 Thurs	9.4 Fri	9.5 Sat	9.6 Sun
fought out by the top 8 action!		M F MIX 8:30-16:45	M F 9:30-15:30	MIX 9:30-14:45	MIX 8:45-16:45	M F 9:30-16:30	MIX 9:30-15:45	MIX 9:30-12:30
M 10:00-11:30	M 10:00-11:30	F 10:00-11:30	M 10:00-11:30	F 10:00-11:30	M 13:30-17:00	F 13:30-17:00	M F 14:00-22:00	F 10:00-13:00
F 14:00-15:30	F 14:00-15:30	M 14:00-15:30	M 14:00-15:30	F 14:00-15:30	M 18:30-22:00	F 18:30-22:00		
M F 18:30-22:00	M F 18:30-22:00	M F 18:30-22:00	M 18:30-22:00	F 18:30-22:00				
M F MIX 9:00-11:35	M F 9:00-11:25	M F 9:00-11:25	M F MIX 9:00-11:30	M F 9:00-11:20	M F 9:00-11:35	M F 9:00-11:35	<div>This is a historic sport that dates back to the 1st Paralympic Games. Japanese athletes have won medals in 10 consecutive tournaments!</div> <div>In this exciting sport you can watch the unfolding tactical plays that combine high and low speed balls, which fly at over 100 km per hour, and which are hit back through stunningly fast reflexes!</div>	
M F MIX 17:00-20:40	M F 17:00-20:25	M F 17:00-20:50	M F MIX 17:00-20:35	M F 17:00-20:40	M F 17:00-20:50	M F 17:00-21:00		
M F 9:00-15:00	M F 10:00-14:00	M F 10:00-14:00	M F 10:00-14:30	M F 10:00-16:00	M F 10:00-15:30	M F 10:00-15:30		
M F 16:30-21:30	M F 16:00-20:00	M F 16:00-20:00	M F 16:30-21:00	M F 17:30-21:30	M 17:00-21:00	M 17:00-21:00		
		<div>A new sport making its debut at the Tokyo 2020 Games. A highlight is the exchange of quick, yet spectacular and glamorous, kicks.</div>			M F 10:00-15:00	M F 10:00-15:00	M F 10:00-15:00	
					M F 17:00-22:10	M F 17:00-22:10	M F 17:00-22:10	
M F 6:30-11:00	M F 6:30-11:10	<div>This sport features swimming, cycling and running, one after another. You can't take your eyes off the athletes until they have finished the very last race as the ranking changes according to the events they are strong or weak in!</div>						

is based on Japanese time. Please visit the Tokyo 2020 Paralympics Official Ticket Website detailed on page 11 for further details on ticketing and events.

Table Tennis

Table tennis has been a Paralympic sport since the first games at Rome 1960. In fact, it only became an Olympic sport in 1988, so Paralympic table tennis started first!

Athletes use a range of playing styles that suit their impairment, and it is not possible to win without understanding an opponent's style and having a strategy planned out.

At the Tokyo 2020 Paralympics, athletes with physical and intellectual impairments are eligible to compete.



©Tokyo2020



©Photo Kishimoto

Taekwondo

Taekwondo is a new official Paralympic sport for the Tokyo 2020 Games, and is a martial art that focuses on kicking techniques. The Tokyo 2020 Paralympics will only have Gyeonggi (sparring) for athletes with upper limb impairments or amputations. Athletes stand close to their opponent and the exchange of various types of kicks that they dole out are really compelling. Matches are held according to weight class.



©Tokyo2020



©Photo Kishimoto

Triathlon





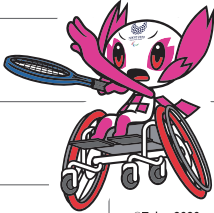
The triathlon had its Paralympic debut at the Rio 2016 Games and features an athlete completing a series of three events (750 m of swimming, 20 km of cycling and a 5 km run) to achieve the fastest total time. An important point is the transition between events.

At the Tokyo 2020 Paralympics, athletes with physical and visual impairments are eligible to compete and they are allowed to modify their prosthetics, such as prosthetic legs and other assistive devices, depending on the nature and extent of their impairment. For example, in the wheelchair user athlete class, for cycling they compete using a handcycle, and for running they use a racing wheelchair.



©Satoshi TAKASAKI/JTU

Tokyo 2020 Paralympic Games Competition Schedule

Sport		Venue	Ticket Price Band*	8.25 <small>Tues</small>	8.26 <small>Wed</small>	8.27 <small>Thurs</small>	8.28 <small>Fri</small>
19	Wheelchair Basketball	Musashino Forest Sport Plaza	JPY 2,400-7,000		F 9:00-13:00	F 9:00-13:00	M 9:00-13:00
					F 14:45-18:45	M 14:45-18:45	M F 14:45-18:45
					M 20:30-22:15	M 20:30-22:15	F 20:30-22:15
		 <small>©Tokyo2020</small>			M 9:00-13:00	F 9:00-13:00	
					M F 14:45-18:45	M 14:45-18:45	
					F 20:30-22:15	M 20:30-22:15	
20	Wheelchair Fencing	Makuhari Messe Hall B	JPY 900-2,400		M F 9:00-14:00	M F 9:00-15:40	M F 8:30-16:00
					M F  15:30-20:00	M F  17:00-21:30	M F  17:30-21:00
21	Wheelchair Rugby	Yoyogi National Stadium	JPY 2,400-4,000		MIX 11:30-15:45	MIX 11:30-15:45	MIX 11:30-15:45
					MIX 17:30-21:45	MIX 17:30-21:45	MIX 17:30-21:45
22	Wheelchair Tennis	Ariake Tennis Park Center Court	JPY 1,800-6,500	 <small>©Tokyo2020</small>			M F MIX 11:00-20:00
		Ariake Tennis Park Court 1					M F MIX 11:00-20:00
		Ariake Tennis Park Court 2					M F MIX 11:00-20:00
		Ariake Tennis Park Court 3-9					M F MIX 11:00-20:00

*Ticket price band is for General Admission and for tickets sold within Japan. There are also Wheelchair User Tickets. Please note that the sport schedule

Wheelchair Basketball

In wheelchair basketball, athletes with lower limb impairments compete while skillfully operating their wheelchairs. This is an amazing sport which features intense defending and attacking by the wheelchair athletes who move at speed and make quick passes.

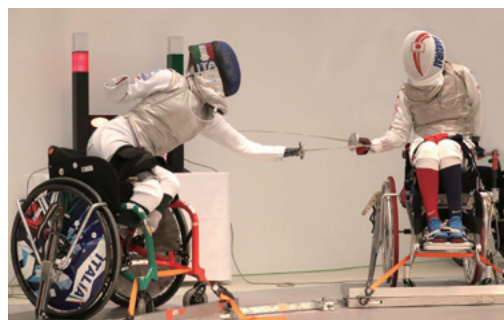
Athletes are divided into 8 classes and assigned a point score in 0.5 increments from 1.0 to 4.5, while those on court must number no more than 5 players and have no more than 14 points in total. This is in order to make the matches fair for players with differing impairments.



©Photo Kishimoto

Wheelchair Fencing

Fencing at the Paralympics is a sport that requires strong mental power and intense concentration as competing athletes are in close quarters and neither can use footwork. These thrilling bouts begin from zero-distance and they are so tense that spectators often forget to breathe, making them worth seeing just for experiencing the focused concentration of the athletes. Both sword technique and speed are important points for winning a duel. At the Tokyo 2020 Paralympics, athletes with physical impairments are eligible to compete.



Courtesy of the Japan Wheelchair Fencing Association

Note) Competition schedule is subject to change. M Male F Female MIX Mixed 🏅 Medal Session Including finals and gold medal games

8.29 Sat	8.30 Sun	8.31 Mon	9.1 Tues	9.2 Wed	9.3 Thurs	9.4 Fri	9.5 Sat	9.6 Sun
F 9:00-13:00	M 9:00-13:00							
M 14:45-18:45	M F 14:45-18:45	See astounding chair work and intense battles for positioning! Spectators get overwhelmed by the tactics of the wheelchair users as they collide at high speed!						
M 20:30-22:15	F 20:30-22:15							
M 9:00-13:00	F 9:00-13:00	M 9:00-13:00	F 9:00-10:45	M 9:00-10:45	M F 12:30-16:30	M F 12:30-16:30	M 14:15-16:00	M 🏅 10:00-14:15
M F 14:45-18:45	M 14:45-18:45	M 14:45-18:45	F 12:30-16:30	M 12:30-16:30	F 18:15-22:15	M 18:15-22:15	F 🏅 17:45-22:00	
F 20:30-22:15	M 20:30-22:15	M 20:30-22:15	F 18:15-22:15	M 18:15-22:15				
M F 9:00-15:00	M F 8:30-16:00	<div>The clash of the swords as each fencer measures their opponent's top-class training and reflexes is simply astounding, and spellbinding.</div>						
M F 🏅 16:30-21:00	M F 🏅 17:30-21:00							
MIX 11:30-16:00	MIX 14:00-16:00	<div>Get behind the Japanese team as they follow up winning the 2018 World Championships. Watch out for the powerful collisions between wheelchairs!</div>						
MIX 17:30-21:45	MIX 🏅 18:00-20:45							
M F MIX 11:00-20:00	M F MIX 11:00-20:00	M F MIX 11:00-20:00	M F MIX 11:00-19:00	M F MIX 🏅 11:00-18:00	M MIX 🏅 12:00-18:00	M F 🏅 12:00-17:00	M F 🏅 12:00-17:00	
M F MIX 11:00-20:00	M F MIX 11:00-20:00	M F MIX 11:00-20:00	M F MIX 11:00-19:00	M F MIX 11:00-18:00	F MIX 12:00-18:00	<div>See the different strokes that the athletes dole out while skillfully maneuvering their wheelchairs. Highlights include witnessing their fast moves, accurate ball control, and powerful smashes!</div>		
M F MIX 11:00-20:00	M F MIX 11:00-20:00	M F 11:00-20:00	M 11:00-19:00	F 11:00-18:00				
M F MIX 11:00-20:00	M F MIX 11:00-20:00	M F 11:00-20:00	M 11:00-19:00					

is based on Japanese time. Please visit the Tokyo 2020 Paralympics Official Ticket Website detailed on page 11 for further details on ticketing and events.

Wheelchair Rugby

Wheelchair rugby is the only Paralympic sport where athletes can directly collide with each other, and is for athletes with limb impairments. A definite part to watch out for in an exciting match is when athletes tackle each other so hard that the wheelchair overturns.

The court is the same size as a basketball court, and to dribble, they need to hold the ball on top of their legs. If the wheel of the athlete's wheelchair who is holding the ball passes the try line, then their team scores a try.



©Photo Kishimoto

Wheelchair Tennis

Wheelchair tennis is a sport for athletes with lower limb impairments, and they must use a range of techniques to accurately return the ball to an opponent's side of the court to score points. The highlights of these matches are the agile chair work and intense and fast rallies. In Olympic tennis, players have to return a ball either without letting it bounce or by letting it bounce just once, but in wheelchair tennis they are allowed to let the ball bounce twice.

In addition to a Men's class and Women's class, there is also the quad (mixed doubles) where athletes can have an upper limb



©Photo Kishimoto

impairment in addition to a lower limb impairment. Additionally, there are both singles and doubles in all 3 classes.

Tokyo 2020 Paralympic Games Venue Guide

1 Yumenoshima Park Archery Field

Archery

2-1-4 Yumenoshima, Koto-ku, Tokyo

- ▶ Walking distance from JR Keiyo Line or Tokyo Metro Yurakucho Line or Tokyo Waterfront Area Rapid Transit "Shin-kiba Station"

2 Olympic Stadium

Opening Ceremony,
Closing Ceremony, and
Athletics

Note) The perspective, etc. are all simulated images, and may differ from the completed construction. The image is based on a projection of how the greenery will appear once it has matured approx. 10 years from now.

10-1 Kasumigaokamachi, Shinjuku-ku, Tokyo

- ▶ Walking distance from JR Sobu Line "Shinanomachi Station" or "Sendagaya Station"
- ▶ Walking distance from Tokyo Metro Hanzomon Line or Toei Oedo Line "Aoyoma-itchome Station"
- ▶ Walking distance from Tokyo Metro Fukutoshin Line "Kitasando Station"
- ▶ Walking distance from Tokyo Metro Ginza Line "Gaenmae Station"
- ▶ Walking distance from Toei Oedo Line "Kokuritsu-kyogijo Station"



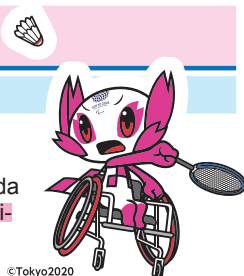
Design Works and Construction Works of Taisei Corporation, Azusa Sekkei and Kengo Kuma and Associates JV, Courtesy of JSC

3 Yoyogi National Stadium

Badminton and
Wheelchair Rugby

2-1-1 Jinnan, Shibuya-ku, Tokyo

- ▶ Walking distance from JR Yamanote Line "Harajuku Station"
- ▶ Walking distance from Tokyo Metro Chiyoda Line or Tokyo Metro Fukutoshin Line "Meiji-jingumae Station"



©Tokyo2020

4 Ariake Gymnastics Centre

Boccia

1-10-1 Ariake, Koto-ku, Tokyo

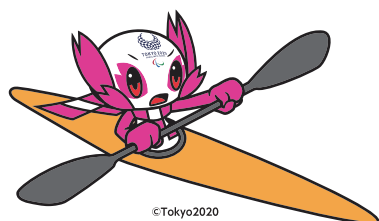
- ▶ Walking distance from Tokyo Waterfront Area Rapid Transit "Kokusai-tenjijo Station"
- ▶ Walking distance from Tokyo Waterfront New Transit Waterfront Line Yurikamome "Ariake-tennis-no-mori Station"

5 Sea Forest Waterway

Canoe and Rowing

3 Aomi, Koto-ku, Tokyo

- ▶ Shuttle bus service from Tokyo Waterfront Area Rapid Transit "Tokyo Teleport Station"
- ▶ Shuttle bus service from JR Keiyo Line or Tokyo Metro Yurakucho Line or Tokyo Waterfront Area Rapid Transit "Shin-kiba Station"



©Tokyo2020

6 Izu Velodrome (Track)

Cycling (Track)

1826 Ono, Izu City, Shizuoka

- ▶ Shuttle bus service from JR Ito Line "Ito Station"
- ▶ Shuttle bus service from Izu Hakone Railway Line "Shuzenji Station"

7 Fuji International Speedway (Road)

Cycling (Road)

694 Nakahinata, Oyamacho, Sunto-gun, Shizuoka

- ▶ Shuttle bus service from JR Gotemba Line "Gotemba Station"
- ▶ Shuttle bus service from Odakyu Odawara Line "Kaisei Station"

8 Equestrian Park

Equestrian

2-1-1 Kamiyoga, Setagaya-ku, Tokyo

- ▶ Walking distance from Odakyu Odawara Line "Kyodo Station" or "Chitose-funabashi Station"
- ▶ Shuttle bus service or walking distance from Tokyu Den-en-toshi Line "Yoga Station"
- ▶ Walking distance from Tokyu Den-en-toshi Line "Sakurashinmachi Station"
- ▶ Walking distance from Tokyu Setagaya Line "Kamimachi Station"
- ▶ Shuttle bus service from Odakyu Odawara Line "Seiyo Gakuenmae Station" (leaving the venue in the night time)



©Tokyo2020

9 Aomi Urban Sports Park

Football 5-a-side

1-1 Aomi, Koto-ku, Tokyo

- ▶ Walking distance from Tokyo Waterfront Area Rapid Transit "Tokyo Teleport Station"

10 Makuhari Messe (Halls A, B and C)

Goalball, Sitting Volleyball, Taekwondo and
Wheelchair Fencing

2-1 Nakase, Mihama-ku, Chiba City, Chiba

- ▶ Walking distance from JR Keiyo Line "Kaihinmakuhari Station"

11 Nippon Budokan

Judo

2-3, Kitanomaru Koen, Chiyoda-Ku, Tokyo

- ▶ Walking distance from Tokyo Metro Tozai Line or Tokyo Metro Hanzomon Line or Toei Shinjuku Line "Kudanshita Station"
- ▶ Walking distance from Tokyo Metro Tozai Line "Takebashi Station" (When leaving the venue)

12 Tokyo International Forum

Powerlifting

3-5-1 Marunouchi, Chiyoda-ku, Tokyo

- ▶ Walking distance from JR Keihin-tohoku or Yamanote Line or Tokyo Metro Yurakucho Line "Yurakucho Station"

13 Asaka Shooting Range

Shooting

9-4 Oizumigakuencho, Nerima-ku, Tokyo

- ▶ Shuttle bus service from Tobu Tojo Line "Asaka Station"
- ▶ Shuttle bus service from Tobu Tojo Line, Tokyo Metro Yurakucho and Fukutoshin Lines "Wakoshi Station"
- ▶ Shuttle bus service from Toei Oedo Line "Hikarigaoka Station"

14 Tokyo Aquatics Centre

Swimming

2-2-1 Tatsumi, Koto-ku, Tokyo

- ▶ Walking distance from Tokyo Metro Yurakucho Line "Tatsumi Station"
- ▶ Walking distance from JR Keiyo Line "Shiomi Station"



15 Tokyo Metropolitan Gymnasium

Table Tennis

1-17-1 Sendagaya, Shibuya-ku, Tokyo

- ▶ Walking distance from JR Sobu Line "Sendagaya Station"
- ▶ Walking distance from Toei Oedo Line "Kokuritsu-kyogijo Station"

16 Odaiba Marine Park

Triathlon

1 Daiba, Minato-ku, Tokyo

- ▶ Walking distance from Tokyo Waterfront Area Rapid Transit "Tokyo Teleport Station"
- ▶ Tokyo Waterfront New Transit Waterfront Line Yurikamome "Daiba Station" (When arriving the venue)
- ▶ Tokyo Waterfront New Transit Waterfront Line Yurikamome "Odaiba-Kaihin-Koen Station" (When leaving the venue)

17 Ariake Arena

Wheelchair Basketball

1-11 Ariake, Koto-ku, Tokyo

- ▶ Walking distance from Tokyo Metro Yurakucho Line or Tokyo Waterfront New Transit Waterfront Line Yurikamome "Toyosu Station"
- ▶ Walking distance from Tokyo Waterfront New Transit Waterfront Line Yurikamome "Shin-Toyosu Station"
- ▶ Walking distance from Tokyo Waterfront Area Rapid Transit "Shinonome Station" or "Kokusai-tenjijo Station" (When Leaving the venue)



18 Musashino Forest Sport Plaza

Wheelchair Basketball

290-11, Nishi-cho, Chofu City, Tokyo

- ▶ Walking distance from Keio Line "Tobitakyu Station"

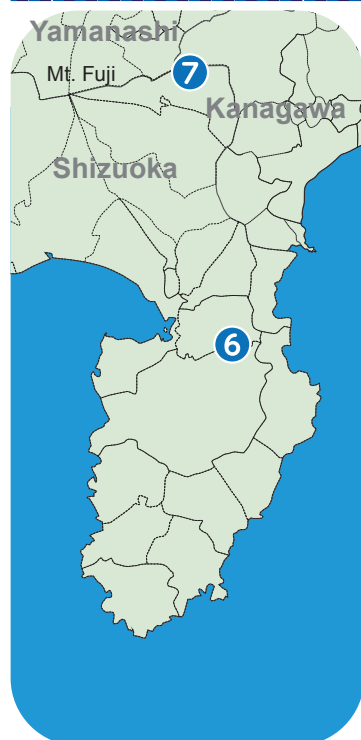
19 Ariake Tennis Park

Wheelchair Tennis

2-2-22 Ariake, Koto-ku, Tokyo

- ▶ Walking distance from Tokyo Waterfront Area Rapid Transit "Kokusai-tenjijo Station"

Games Venue Map



*Access information for each venue is intended for the period during the Games.

*During the Games, you may be asked to use an alternative route to access each venue.

*The time needed from the station to each venue is currently under consideration.

*Stations marked in pink are expected to be accessible (stations that are fully accessible).

*There may be additions or changes to access information in the future.

Tokyo 2020 Paralympics Ticketing Information

How to Purchase Tickets (For residents of Japan)

Tickets for watching the Tokyo 2020 Paralympic Games are sold by the Tokyo Organising Committee of the Olympic and Paralympic Games via the

Tokyo 2020 Official Ticket Website and

Tokyo 2020 Official Ticket Box Offices (from spring 2020 onwards).

To purchase tickets on the Tokyo 2020 Official Ticket Website, you must register and obtain a Tokyo 2020 ID. (This is the same ID as the one used for applying for Olympic Games Tokyo 2020 tickets.)

Dedicated hotline to assist persons with impairments in requesting tickets.

050-3786-2948(toll)

Reception Hours:

Monday - Friday 9:00 - 18:00 JST
(except year end, New Year and public holidays).

Please note that this line is exclusively to provide this assistance and is not able to offer support with other inquiries.

Scan the QR Code to register a Tokyo 2020 ID



Scan the QR Code to link to the Tokyo 2020 Official Ticket Website



Ticket Sales Schedule

*The first ticket lottery is now closed.

Second Lottery Sales
(Tokyo2020 Official Ticket Website)

Lottery Application Period

From early morning on 15 January 2020 ~ 29 January 2020, 11:59 (JST)

Lottery Result Announcement:

18 February 2020

Payment Period:

18 February 2020 ~ 2 March 2020, 23:59 (JST)

Spring 2020 Sales Phase:

From Spring 2020

(Tokyo 2020 Official Ticket Website and Tokyo 2020 Official Ticket Box Offices(in Tokyo))



©Tokyo2020

For overseas residents

Tickets can be purchased from the NPC or the designated Authorised Ticket Reseller in the country/territory of your residence. The date which tickets will be put on sale and the purchasing procedures will vary by country/territory.

Tokyo 2020 Authorised Ticket Reseller List

