	okyo zi	JZU Para	lympic Gam	es compe	etition Sc	neaule			Note) Compe	tition schedule	e is subject to o	change.	Male 🕞 Fe	male MIX Mixe	d 🌡
Sport		Venue	Ticket Price Band*	8.24 Tues	8.25 Wed	8.26 Thurs	8.27 Fri	8.28 Sat	8.29 Sun	8.30 Mon	8.31 Tues	9.1 Wed	9.2 Thurs	9	
Opening Ceremony/ Closing Ceremony		Olympic Stadium	JPY 8,000- 150,000	Opening Ceremony 20:00-23:00	Session tie	on tickets not for sale									
1 Archery			Yumenoshima Park Archery Field	JPY 1,800- 2,400	under intense fly towards th	ension of arrows re econcentration. The eir tiny targets that etitive style and villpower!	he arrows	9:00-12:00 M <b>(</b> ) 14:00-17:00	9:00-14:55 17:30-21:55	9:00-14:10 9:00-20:35	9:00-14:15 M Q 17:30-21:20	9:00-14:15 (F) 17:30-21:20		10:00-14:15 F 2 17:30-19:55	10
2	Athletics	Track & Field	Olympic Stadium	JPY 2,000- 6,500	6,500 can decide the			9:30-12:50 M 🗗 💭	9:30-12:50	9:30-12:50 M 🕞 🔍	9:30-13:00 M F	<ul><li>M</li></ul>	<ul><li>M</li></ul>	9:30-12:55 M F	9
	Auneucs	Marathon	- Siyinpio otadidiii	JPY 2,000- 3,200	winning and I Watch the foo dynamism of they push the	athletes as	©Tokyo2020	19:00-22:00	19:00-22:00	19:00-22:05	19:00-22:00	19:00-22:05	19:00-21:50	19:00-22:05	19
3 Badminton		Yoyogi National Stadium	JPY 1,600- 3,200		M	A new sport matechnical and d	aking its debut at detailed strategies	the Tokyo 2020 G that use accurate	ames. Different pless shots and fast ba	ay types depend or ck and forth rallies	n class. See	M F MX 18:00-22:00	9:00-21:00	9	
1	Boccia	Ariake Gymnastics		JPY 1,200-		The Japanese team were silver medalists in this event at the Rio Paralympics. The sport has similarities to bowls, boules			9:30-14:20	9:30-14:20	9:30-14:20	9:30-14:20	9:30-13:25	9:30-12:55	9:
	DUCCIA		Centre	3,200		and pet	as similarities to t tanque, watch out acticed skills!	for strategy and	16:00-20:50	16:00-20:50	MIX 16:00-20:50	MIX 16:00-19:45	15:05-19:35	14:25-19:45	14
5 Canoe		Sea Forest Waterway	JPY 900- 2,000					The	e key to winning is azing to see the at	a sense of balance hletes pushing thro	and polished pad ough the currents o	dling skills. It is of the water!	<b>M F</b> 9:30-11:40	9:	
6	Cycling	Track	Izu Velodrome	JPY 2,000- 3,200		M F 2 10:00-15:25	M F 2 10:00-16:40	M F 2 10:00-16:30	M F W 2 10:00-13:15						
0	Cycling	Road	Fuji International Speedway	JPY 1,400- 2,000				icycles, two-wheel of athletes battling	bicycles, and tand it out as they peda			M F (8:00-17:15)	M F Q 9:30-17:05	9:30-16:45	9:
			*		_	*						•	*	•	

\*The sales of the Paralympic Games tickets have been suspended.Please note that the sport schedule is based on Japanese time...

# **Archery**

In Paralympic archery, athletes shoot from a distance of 50 or 70 m to score points. At the Tokyo 2020 Paralympics, athletes with physical impairments are eligible to compete using different styles depending on the impairment. For example, an athlete with an arm impairment can pull the string with their

mouth or support the bow with their feet. The key thing to watch in this sport is the intense concentration of the athletes as they shoot arrow after arrow within 30 seconds (individual event) or 20 seconds (mixed event).







### **Athletics**

In the athletics programme there are a number of different events, such as those that take place on a track in a stadium. These include the 100 m sprint and relay races. It also includes field events like the long jump and shot put, and road events such as the marathon. At the Tokyo 2020 Paralympics, athletes with physical. visual, and intellectual impairments are eligible to compete. Across a total of 168 events, athletes are divided into detailed categories according to the type and extent of their impairment.



### **Badminton**

Badminton is making its Paralympic debut at the Tokyo 2020 Games using the same format as Olympic athletes who must hit a shuttlecock over the net. The highlight of this sport is tactical and strategic attacks that employ skillful shots and fast back-and-forth rallies.

At the Tokyo 2020 Paralympics, athletes with physical impairments are eligible to compete. These athletes are divided into 2 categories (wheelchair and standing).



### Boccia

In this sport, athletes compete to get their balls as close as possible to a white target called a jack. The highlight of this sport, which has similarities to bowls, boules and petangue, is how games progress with intelligent strategies and well-practiced techniques. At the Tokyo 2020 Paralympics, athletes with severe impairments, such as quadriplegia or body paralysis, are eligible to compete. There are a total of 7 events.



©Photo Kishimoto

# Canoe

Canoeing had its Paralympic debut at the Rio 2016 Games in the form of kayaking, and at the Tokyo 2020 Games an additional event of Va' a will make its first appearance. The main features of this sport are the speed and strength of the athletes aiming to reach the end of a 200m straight-line course.

At the Tokyo 2020 Paralympics, athletes

with lower limb impairments are eligible to compete. Athletes are divided into 3 groups, L1, L2 or L3, depending on their impairment (a major impairment would place an athlete in L1).



Courtesy of the Japan Para Canoe Association

# Cycling

There are two categories for this sport: Road, using outdoor roads, and Track, which takes place in a velodrome. This exciting sport features athletes pedaling to their limits at speeds of 60 km per hour right in front of spectators.

Medal Session Including finals and gold medal games

9.4 Sat

MIX

10:00-12:40

MIX 🤵

17:30-20:35

ME

9:30-12:40

M F

19:00-22:00

9:00-21:00

MIX

9:30-13:50

MIX 🤵

15:20-21:05

M F 🔀

9:30-12:30

9.5 Sun

Closing Ceremony 20:00-23:00

M F 6:30-11:30

9:00-14:00

9.3 Fri

M

10:00-14:15

M

17:30-21:55

9:30-12:55

19:00-21:55

9:00-21:00

MIX

9:30-12:55

(MIX

14:25-19:35

M F 💭

9:30-12:10

M F

9:30-16:45

At the Tokyo 2020 Paralympics, athletes with physical and visual impairments are eligible to compete. and may ride different bikes according to four impairment classifications.



Courtesy of the Japan Para-Cycling Federation



©2018 Japan Para-Badminton Federation Paralympics 2020 02 01 Paralympics 2020

	Sport	Venue	Ticket Price Band*	8.24 Tues	8.25 Wed	8.26 Thurs	8.27 Fri	
7	Equestrian	Equestrian Park	JPY 1,400- 2,000			15:00-22:35	15:00-22:20	
8	Football 5-a-side	Aomi Urban Sports Park	JPY 1,800- 5,000	Relying on the go for the bal shoot for the sharpened se and defenses really exciting	und and I with ffenses	ETokyo2020		
9	Goalball	Makuhari Messe Hall C	JPY 900- 2,800		M F 9:00-11:45 M F 13:15-16:00	M F 9:00-11:45 M F 13:15-16:00	9:00-11:45 M F 13:15-16:00	
10	Judo	Nippon Budokan	JPY 2,000- 5,000		17:30-21:45	17:30-21:45	17:30-21:45 M F 10:30-13:30 M F A 16:00-18:30	
11	Powerlifting	Tokyo International Forum	JPY 1,400- 2,000			M F (11:00-14:20) M F (16:30-19:50)	M F 11:00-14:20 M F 16:30-19:50	
12	Rowing	Sea Forest Waterway	JPY 900- 2,400	©Tokyo2020			M F MX 9:30-12:10	

<sup>\*</sup>The sales of the Paralympic Games tickets have been suspended.Please note that the sport schedule is based on Japanese time.

# **Equestrian**

This is the only sport that involves animals. The rider and horse become one, and they stun spectators with their performance, which include various kinds of riding and demonstrations of form while moving around a course in the arena set out using markers.

Five referees give marks out of 10 for the horse and rider's performance in each phase, and the total score determines the winner. The referees make their judgements based on the accuracy, vigor and beauty of the horse's movements.

At the Tokyo 2020 Paralympics, athletes

with physical and visual impairments are eligible to compete.



### Football 5-a-side

In this sport athletes wearing blackout masks follow the sound of the ball, and compete in exciting matches as athletes rely on the voice of a guide to get to their opponent's goal.

One team has five players (four outfield players and one goalkeeper) and each half of the match lasts 20 minutes. When a player moves towards an opponent who has the ball they shout 'voy!' (Spanish for



©Photo Kishimoto

### Goalball

In this team sport, players with visual impairments roll a ball that has a bell inside to score points. The draw of this sport is the back and forth defense and offense which develops using non-visual senses, such as listening to the bell of the ball and the sounds of the opposing players.

At the Tokyo 2020 Paralympics, athletes who meet the below classification criteria are eligible to participate. However, during the game itself, all players are blindfolded using eyeshades.

Class	Eligibility
B1	Athletes with very low visual acuity and/or no light perception, and who are unable to recognize any objects at any distance and in any direction.
B2	Athletes who are able to recognize the form of a hand and have less than 0.03 visual acuity. Also, athletes with a visual field of less than 5 degrees.
В3	Athletes with visual acuity from 0.03 to 0.1, and a visual field of less than 20 degrees.





# M F 9:00-11:45 13:15-16:00

17:30-21:45

10:30-13:30

M F

16:00-18:30

M F

11:00-14:20

M F

16:30-19:50

9:30-12:10

8,28 Sat

MIX 🤵

17:00-22:10

Note) Competition schedule is subject to change.

MIX 🤵

18:00-20:45

M

9:00-13:00

M

16:30-18:00

M

19:30-21:00

9:00-11:45

M F

16:30-19:50

9:30-12:20

8,30 Mon

MIX 🤵

15:00-22:15 M

9:00-13:00

M

16:30-18:00

M

19:30-21:00

M F

9:00-11:45

8,31 Tues

M

9:00-13:00

M

16:30-18:00

M

19:30-21:00

M

13:15-16:15

M 13:15-16:00 13:15-16:00 17:45-20:45 17:45-20:45 M ( MB 17:30-20:15 17:30-20:15 M (3 As the athletes have to grip each other from the eginning, from the start they don't need to tr 10:30-14:00 gain handholds. As the match progresses, it MF II comes down to landing that Ippon winning ove. Keep a watchful eye for thrilling moves 16:30-19:40 M F M F 👷 11:00-14:20 11:00-14:20

M F

16:30-19:50

The world record in the heaviest class is over 300 kg! This is a framatically tense and exciting sport with everything being decided

M Male Female M Mixed

9.2 Thurs

M

9:00-13:00

M

16:30-18:00

M

19:30-21:00

13:15-16:15

17:45-20:45

Winning or losing entirely depends on the relationship between the rider and the horse!

9.1 Wed

**B** 

13:15-16:15

B



Medal Session Including finals and gold medal games

9.4 Sat

M

11:30-13:00

M

17:30-19:35

The women's Japanese national team won their first

gold at the London Games. n silence, the senses of the

players become sharper as

they listen for the sound of the ball. This can quickly

end in fierce moments of

9.3 Fri

M F

13:15-16:15

17:45-21:55

These races really gain in excitement as athletes must correctly read the waves and wind. The last dash for the remaining 500 meters can really come down to the wire

#### Judo

In Paralympic Judo, athletes with different visual impairments, such as blindness or poor vision, compete within the same weight category. One feature that differs from Olympic Judo is that both athletes grip each other's sleeve and lapel at a predetermined position before the match starts. Also, it is different from Olympic Judo in how the athletes grapple each other. Spectators are treated to a developing match of strength and skill aiming for Ippon right from the get-go.

Judo at the Tokyo 2020 Paralympics is for athletes with a visual impairment, but just like Olympic Judo the athletes are divided by weight rather than the degree of impairment.



for the Visually Impaired

### **Powerlifting**

Powerlifting has been an official Paralympic sport since 1964. Athletes with physical impairments to their lower limbs compete to bench-press heavy barbells using just their upper body. Lifting the bar takes just 3 seconds, but in those few seconds the concentration and mental power of the athlete is more astounding than their upper body strength. In recent years, athletes from as many as 110 countries have competed in this sport.

For the Tokyo 2020 Paralympics, athletes with lower limb impairments and/or of a short stature (less than or equal to 145 cm (males) or 140 cm (females) may compete.



Photo: Hiroki Nishioka Courtesy of the Japanese Para Powerlifting Federation

# Rowing

In this sport, rowers begin with the blast of a starting signal, and the winner and runner-ups are decided by when the bow of the boat crosses the finish line. Single sculls (one rower) is a competition of individual skill and physical strength, while double sculls (two rowers) and coxed four (four rowers plus coxswain) also get points on teamwork. Athletes in this sport compete on a straight-line 2,000 m course.

At the Tokyo 2020 Paralympics, athletes with physical and visual impairments are eligible to compete.



©Photo Kishimoto



Ī	Sport	Venue	Ticket Price Band*	8.24 Tues	8.25 Wed	8.26 Thurs	8.27 Fri	8.28 Sat	8.29 Sun	8.30 Mon	8.31 Tues	9.1 Wed	9.2 Thurs	9.3 Fri	9.4 Sat	9.5 Sun
1	3 Shooting	Asaka Shooting Range	JPY 1,800- 2,400			gold, with victory o t, you can't take		fought out by the action!	top 8	M F W (8:30-16:45	<b>M €</b>	9:30-14:45	8:45-16:45	M F Q 9:30-16:30	9:30-15:45	9:30-12:30
				This sport feat			10:00-11:30	M 10:00-11:30	M 10:00-11:30	10:00-11:30	M 10:00-11:30	10:00-11:30	M 13:30-17:00	13:30-17:00	M F (2) 14:00-22:00	10:00-13:00
1	4 Sitting VolleyB	Makuhari Mess Hall A	JPY 1,400- 2,000	using a combi moves. Keep a for fast-paced	nation of an eye out and	3	M 14:00-15:30	14:00-15:30	14:00-15:30	M 14:00-15:30	M 14:00-15:30	14:00-15:30	M 18:30-22:00	18:30-22:00		
			İ	furious rallies on smaller courts!		©Tokyo2020	M F 18:30-22:00	M F 18:30-22:00	M F 18:30-22:00	M F 18:30-22:00	M 18:30-22:00	18:30-22:00				
1	5 Swimming	Tokyo	JPY 2,000-		M <b>F</b> 9:00-11:45	9:00-11:25	9:00-11:10	9:00-11:35	<b>M G</b> 9:00-11:25	M F 9:00-11:25	9:00-11:30	M <b>F</b> 9:00-11:20	M <b>F</b> 9:00-11:35	9:00-11:35	This is a historic dates back to th Paralympic Gan athletes have we	ne 1st nes. Japanese
ľ	5 Ownmining	Aquatics Centre	7,000		M F 💭 17:00-21:05	M F W (17:00-20:35)	M F Q	M F MX (2) 17:00-20:40	M F 💭 17:00-20:25	M F 💭 17:00-20:50	M F W (2) 17:00-20:35	M F 💭	M F (2) 17:00-20:50	M F 💭 17:00-21:00	10 consecutive	tournaments!
1	6 Table Tennis	Tokyo Metropolita	JPY 1,400-		M F 9:00-14:20	M F 9:00-14:20	9:00-14:20	9:00-15:00	M F 2010:00-14:00	M F (2) 10:00-14:00	M F 10:00-14:30	M F 10:00-16:00	M F 2010:00-15:30	M F (2) 10:00-15:30	watch the unfold plays that combined low speed balls,	ine high and which fly at
10	Table lellins	Gymnasium	2,800		M F 16:00-22:00	M F 16:00-22:00	M F 16:00-22:00	M F (2) 16:30-21:30	M F 2016:00-20:00	M F (2) 16:00-20:00	M F 16:30-21:00	M F 17:30-21:30	M (2) 17:00-21:00	M (17:00-21:00	over 100 km per which are hit bac stunningly fast r	ck through
1	7 Taekwondo	Makuhari Mess	JPY 900-			44					naking its debut a A highlight is the		M <b>(5)</b> 10:00-15:00	M <b>(5)</b> 10:00-15:00	M <b>(5</b> )	
_I.	/ Idekwondo	Hall B	2,000								ectacular and glam		M F (2) 17:00-22:10	M F (2) 17:00-22:10	M F 2 17:00-22:10	
1	8 Triathlon	Odaiba Marine Park	JPY 1,400- 3,000				©Tokyo2020	M <b>F</b> (6:30-11:00	M F (2) 6:30-11:10	This sport features swimming, cycling and running, one after another. You can't take your eyes off the they have finished the very last race as the ranking changes according to the events they are strong or						

\*The sales of the Paralympic Games tickets have been suspended. Please note that the sport schedule is based on Japanese time.

# Shooting

In this sport, athletes compete to get the best total score from shooting a target with firearms such as a rifle or pistol. Shooting in competition takes well-honed skill and an incredible amount of concentration, and even a beating heart can blur one's aim. In recent years, there have been many high-level competitions with athletes achieving close to perfect scores due to improvements in the skill of the athletes and the performance of the guns they use.

At the Tokyo 2020 Paralympics, athletes with physical impairments are eligible to compete.





Sitting Volleyball

Sitting volleyball is a six-player team sport where athletes sit on the court. Athletes must then stay sitting throughout the match. The athletes move around the court by sliding around using their arms. However, if they fail to keep their buttock in contact with the ground during play, it is called a 'lifting' foul.

While the ball is a standard volleyball, the court is smaller than a standard one and the net is placed lower.

At the Tokyo 2020 Paralympics, athletes with upper and lower limb physical impairments are eligible to compete.



Courtesy of the Japan Para-Volleyball Association

# **Swimming**

Paralympic swimming is a historic sport that has been held at every Paralympics since the first Games in 1960. Athletes can swim using their whole body, depending on their impairment. The unique swimming styles of this sporting event really embodies the Paralympic spirit of "using what you have," and is absolutely brilliant to watch.

At the Tokyo 2020 Paralympics, athletes with physical, visual and intellectual impairments are eligible to compete. Across 146 events, they are

divided into detailed categories according to the type and extent of their impairment.



### **Table Tennis**

Table tennis has been a Paralympic sport since the first games at Rome 1960. In fact, it only became an Olympic sport in 1988, so Paralympic table tennis started

Note) Competition schedule is subject to change.

Athletes use a range of playing styles that suit their impairment, and it is not possible to win without understanding an opponent's style and

having a strategy planned out.

At the Tokyo 2020 Paralympics, athletes with physical and intellectual impairments are eligible to compete.





### Taekwondo

Taekwondo is a new official Paralympic sport for the Tokyo 2020 Games, and is a martial art that focuses on kicking techniques. The Tokyo 2020 Paralympics will only have Gyeorugi (sparring) for athletes with upper limb impairments or amputations. Athletes stand close to their opponent and the exchange of various types of kicks that

Male Female MX Mixed

they dole out are really compelling. Matches are held according to weight





### **Triathlon**

Medal Session
Including finals and gold medal games

The triathlon had its Paralympic debut at the Rio 2016 Games and features an athlete completing a series of three events (750 m of swimming, 20 km of cycling and a 5 km run) to achieve the fastest total time. An important point is the transition between events.

At the Tokyo 2020 Paralympics, athletes with physical and visual impairments are eligible to compete and they are allowed to modify their prosthetics, such as prosthetic legs and other assistive devices, depending on the nature and extent of their impairment. For example, in the wheelchair user athlete class, for cycling they compete using a handcycle, and for running they use a racing wheelchair.



©Satoshi TAKASAKI/JTL



	Sport	Venue	Ticket Price Band*	8.24 Tues	8.25 Wed	8.26 Thurs	8.27 Fri	8.28 Sat	8.29 Sun	8.30 Mon	8.31 Tues	9.1 Wed	9.2 Thurs	9.3 Fri	9.4 Sat	9.5 Sun	
				Ì	9:00-13:00	9:00-13:00	9:00-13:00	9:00-13:00	9:00-13:00								
		Musashino Forest Sport Plaza			14:45-18:45	M 14:45-18:45	M F 14:45-18:45	M 14:45-18:45	M F 14:45-18:45		See astounding chair work and intense battles for positioning! Spectators get overwhelmed by the tactics of the wheelchair users as they collide at high speed!						
	Wheelchair	Орогет нада			M 20:30-22:15	M 20:30-22:15	<b>(F)</b> 20:30-22:15	<b>M</b> 20:30-22:15	<b>(F)</b> 20:30-22:15								
1	Basketball		7,000			9:00-13:00	9:00-13:00	9:00-13:00	9:00-13:00	9:00-13:00	9:00-10:45	9:00-10:45	M (F) 12:30-16:30	M F 12:30-16:30	M 14:15-16:00	M 💭 10:00-14:15	
		Ariake Arena				M F 14:45-18:45	M 14:45-18:45	M F 14:45-18:45	M 14:45-18:45	M 14:45-18:45	<b>F</b> 12:30-16:30	M 12:30-16:30	18:15-22:15	M 18:15-22:15	<b>F</b>		
						<b>E</b> 20:30-22:15	M 20:30-22:15	20:30-22:15	M 20:30-22:15	M 20:30-22:15	18:15-22:15	M 18:15-22:15	10.10 22.10	17.40 22.00	4		
		Maludari Massa	JPY 900-		M F 9:00-14:00	M F 9:00-15:40	M F 8:30-16:00	M F 9:00-15:00	M F 8:30-16:00	20.30-22.13		e clash of the swords as each fencer measures their					
2	Wheelchair Fencing	Makuhari Messe Hall B	2,400		M F (15:30-20:00)	M F (2)	M F Q	M F Q	M F Q			s top-class training and spellboundir	aining and reflexes is simply unding.				
		Variation 1	IDV 0 400	İ	MIX 11:30-15:45	11:30-15:45	11:30-15:45	11:30-16:00	14:00-16:00	Get behind the Japanese team as they follow up winning the 2018					2018	©Tokyo2020	
2	1 Wheelchair Rugby	Yoyogi National Stadium	JPY 2,400- 4,000		MIX 17:30-21:45	17:30-21:45	17:30-21:45	17:30-21:45	18:00-20:45		World Ch	ampionships. Wa wheelchairs!	ships. Watch out for the powerful collisions				
		Ariake Tennis Park Center Court	ke Tennis Park rt 1  ke Tennis Park rt 2  ke Tennis Park		0		M F MD 11:00-20:00	M F MX 11:00-20:00	M F MX 11:00-20:00	M F MIX 11:00-20:00	M F MX 11:00-20:00	M F MX (11:00-20:00	M F MX (2)	M F (2)	M F (2)		
22		Ariake Tennis Park Court 1					M F MD 11:00-20:00	M F MX	M F MX 11:00-20:00	M F MIX 11:00-20:00	M F MX 11:00-20:00	M F 11:00-20:00	M F MX 12:00-20:00				
	2 Wheelchair Tennis	Ariake Tennis Park Court 2					M F MD 11:00-20:00	M F MX 11:00-20:00	M F MX 11:00-20:00	M F MIX 11:00-20:00	M F MX 11:00-20:00	F MIX 11:00-20:00	12.00	dole out whil wheelchairs.	rent strokes that t le skillfully maneu Highlights includ ves, accurate ball	vering their e witnessing	
		Ariake Tennis Park Court 3-9				©Tokyo2020	M F MD 11:00-20:00	M F W 11:00-20:00	M F MX 11:00-20:00	M F MX 11:00-20:00	M F MX 11:00-20:00			powerful sm			

<sup>\*</sup>The sales of the Paralympic Games tickets have been suspended.Please note that the sport schedule is based on Japanese time.

# Wheelchair Basketball

In wheelchair basketball, athletes with lower limb impairments compete while skillfully operating their wheelchairs. This is an amazing sport which features intense defending and attacking by the wheelchair athletes who move at speed and make quick passes.

Athletes are divided into 8 classes and assigned a point score in 0.5 increments from 1.0 to 4.5, while those on court must number no more than 5 players and have no more than 14 points in total. This is in order to make the matches fair for players with differing impairments.



# Wheelchair Fencing

Fencing at the Paralympics is a sport that requires strong mental power and intense concentration as competing athletes are in close quarters and neither can use footwork. These thrilling bouts begin from zero-distance and they are so tense that spectators often forget to breathe, making them worth seeing just for experiencing the focused concentration of the athletes. Both sword technique and speed are important points for winning a duel. At the Tokyo 2020 Paralympics, athletes with physical impairments are eligible to compete.



Courtesy of the Japan Wheelchair Fencing Association

# Wheelchair Rugby

Note) Competition schedule is subject to change.

Wheelchair rugby is the only Paralympic sport where athletes can directly collide with each other, and is for athletes with limb impairments. A definite part to watch out for in an exciting match is when athletes tackle each other so hard that the wheelchair overturns.

The court is the same size as a basketball court, and to dribble, they need to hold the ball on top of their legs. If the wheel of the athlete's wheelchair who is holding the ball passes the try line, then their team scores a try.



# Wheelchair Tennis

Male Female Mixed Medal Session Including finals and gold medal games

Wheelchair tennis is a sport for athletes with lower limb impairments, and they must use a range of techniques to accurately return the ball to an opponent's side of the court to score points. The highlights of these matches are the agile chair work and intense and fast rallies. In Olympic tennis, players have to return a ball either without letting it bounce or by letting it bounce just once, but in wheelchair tennis they are allowed to let the ball bounce twice.

In addition to a Men's class and Women's class, there is also the quad (mixed doubles) where athletes can have an upper limb impairment in addition to a lower limb impairment. Additionally, there are both singles and doubles in all 3 classes.





# **Tokyo 2020 Paralympic Games Venue Guide**

### 1 Yumenoshima Park Archery Field

Archery

#### 2-1-4 Yumenoshima, Koto-ku, Tokyo

▶ Walking distance from JR Keiyo Line or Tokyo Metro Yurakucho Line or Tokyo Waterfront Area Rapid Transit "Shin-kiba Station"

# 2 Olympic Stadium Note) The perspective, etc. are all

Opening Ceremony, Closing Ceremony, and **Athletics** 

simulated images, and may differ from the completed construction. The image is based on a projection of how the greenerywill appear once it has matured approx. 10 years from now.

#### 10-1 Kasumigaokamachi, Shinjuku-ku, Tokyo

- ► Walking distance from JR Sobu Line "Shinanomachi Station" or "Sendagaya Station"
- ► Walking distance from Tokyo Metro Hanzomon Line or Toei Oedo Line "Aovoma-itchome Station"
- ► Walking distance from Tokyo Metro Fukutoshin Line "Kitasando Station"
- ► Walking distance from Tokyo Metro Ginza Line "Gaienmae Station'
- ► Walking distance from Toei Oedo Line "Kokuritsu-kyogijo



Design Works and Construction Works of Kuma and Associates JV, Coutesy of JSC

### Yoyogi National Stadium

Badminton and Wheelchair Rugby



#### 2-1-1 Jinnan, Shibuya-ku, Tokyo

- ► Walking distance from JR Yamanote Line "Harajuku Station"
- ► Walking distance from Tokyo Metro Chiyoda Line or Tokyo Metro Fukutoshin Line "Meijijingumae Station"



# 4 Ariake Gymnastics Centre

Boccia

#### 1-10-1 Ariake, Koto-ku, Tokyo

- ▶ Walking distance from Tokyo Waterfront Area Rapid Transit "Kokusai-tenjijo Station"
- ► Walking distance from Tokyo Waterfront New Transit Waterfront Line Yurikamome "Ariake-tennis-no-mori Station"

# **5** Sea Forest Waterway

Canoe and Rowing

#### 3 Aomi, Koto-ku, Tokyo

- ► Shuttle bus service from Tokyo Waterfront Area Rapid Transit "Tokyo Teleport Station"
- ► Shuttle bus service from JR Keiyo Line or Tokyo Metro Yurakucho Line or Tokyo Waterfront Area Rapid Transit "Shin-kiba Station"







### 6 Izu Velodrome (Track)

Cycling (Track)

#### 1826 Ono, Izu City, Shizuoka

- ► Shuttle bus service from JR Ito Line "Ito Station"
- ► Shuttle bus service from Izu Hakone Railway Line "Shuzenii

### 7 Fuji International Speedway (Road)

Cycling (Road)

#### 694 Nakahinata, Oyamacho, Sunto-gun, Shizuoka

- ► Shuttle bus service from JR Gotemba Line "Gotemba Station"
- ► Shuttle bus service from Odakyu Odawara Line "Kaisei Station"

### **8** Equestrian Park

Equestrian

#### 2-1-1 Kamiyoga, Setagaya-ku, Tokyo

- ▶ Walking distance from Odakyu Odawara Line "Kyodo Station" or "Chitose-funabashi Station"
- Shuttle bus service or walking distance from Tokyu Den-en-toshi Line "Yoga Station"
- ► Walking distance from Tokyu Den-en-toshi Line "Sakurashinmachi Station"
- ► Walking distance from Tokyu Setagaya Line "Kamimachi Station"
- ► Shuttle bus service from Odakyu Odawara Line "Seijyo Gakuenmae Station" (leaving the venue in the night time)

### Aomi Urban Sports Park

Football 5-a-side

#### 1-1 Aomi, Koto-ku, Tokyo

► Walking distance from Tokyo Waterfront Area Rapid Transit "Tokyo Teleport Station"

# Makuhari Messe (Halls A, B and C)

Goalball, Sitting Volleyball, Taekwondo and Wheelchair Fencing

### 2-1 Nakase, Mihama-ku, Chiba City, Chiba

► Walking distance from JR Keiyo Line "Kaihinmakuhari Station"

# 11 Nippon Budokan

Judo

### 2-3, Kitanomaru Koen, Chiyoda-Ku, Tokyo

- ► Walking distance from Tokyo Metro Tozai Line or Tokyo Metro Hanzomon Line or Toei Shiniuku Line "Kudanshita Station"
- ► Walking distance from Tokyo Metro Tozai Line "Takebashi Station" (When leaving the venue)

# 1 Tokyo International Forum

Powerlifting

#### 3-5-1 Marunouchi, Chiyoda-ku, Tokyo

► Walking distance from JR Keihintohoku or Yamanote Line or Tokyo Metro Yurakucho Line "Yurakucho Station"

# Asaka Shooting Range

#### 9-4 Oizumigakuencho, Nerima-ku, Tokyo

- ► Shuttle bus service from Tobu Tojo Line "Asaka Station"
- ► Shuttle bus service from Tobu Tojo Line, Tokyo Metro Yurakucho and Fukutoshin Lines "Wakoshi Station"
- ► Shuttle bus service from Toei Oedo Line "Hikarigaoka Station"

### 1 Tokyo Aquatics Centre

Swimming

#### 2-2-1 Tatsumi, Koto-ku, Tokyo

- ► Walking distance from Tokyo Metro Yurakucho Line "Tatsumi
- ► Walking distance from JR Keiyo Line "Shiomi Station"



# **(b)** Tokyo Metropolitan Gymnasium

**Table Tennis** 

#### 1-17-1 Sendagaya, Shibuya-ku, Toky

- ► Walking distance from JR Sobu Line "Sendagaya Station"
- ► Walking distance from Toei Oedo Line "Kokuritsu-kyogijo Station"

### Odaiba Marine Park

Triathlon

#### 1 Daiba, Minato-ku, Tokyo

- ▶ Walking distance from Tokyo Waterfront Area Rapid Transit "Tokyo Teleport Station"
- ▶ Tokyo Waterfront New Transit Waterfront Line Yurikamome "Daiba Station" (When arriving the venue)
- ▶ Tokyo Waterfront New Transit Waterfront Line Yurikamome "Odaiba-Kaihin-Koen Station" (When leaving the venue)

#### Ariake Arena

Wheelchair Basketball

#### 1-11 Ariake, Koto-ku, Tokyo

- ► Walking distance from Tokyo Metro Yurakucho Line or Tokvo Waterfront New Transit Waterfront Line Yurikamome "Toyosu Station"
- ► Walking distance from Tokyo Waterfront New Transit Waterfront Line Yurikamome "Shin-Toyosu Station"
- ▶ Walking distance from Tokyo Waterfront Area Rapid Transit "Shinonome Station" or "Kokusai-tenjijo Station" (When Leaving

### (B) Musashino Forest Sport Plaza

Wheelchair Basketball

#### 290-11, Nishi-cho, Chofu City, Tokyo

► Walking distance from Keio Line "Tobitakyu Station"

### (19) Ariake Tennis Park

Wheelchair Tennis

#### 2-2-22 Ariake, Koto-ku, Tokyo

► Walking distance from Tokyo Waterfront Area Rapid Transit "Kokusai-tenjijo Station"

# **Games Venue Map**



- \*Access information for each venue is intended for the period during the Games.
- \*During the Games, you may be asked to use an alternative route to access each venue.
- \*The time needed from the station to each venue is currently under consideration.
- \*Stations marked in pink are expected to be accessible (stations that are fully accessible).
- \*There may be additions or changes to access information in the future.

